

# DR. HEATHER HANS

Dream Big  
and Overcome  
All Obstacles



## GET READY FOR LIFE-CHANGING IMPACT

TV wellness expert and psychotherapist Heather Hans, Ph.D. quickly engages people with her warmth and style. A playful and expressive transformational speaker, she wins over her audience and helps them dream big and triumph against adversity. An ultramarathon runner and speaker on topics of wellness and achieving excellence, Dr. Hans has appeared repeatedly on FOX 5 New York, Boston 25, and over a hundred times on 9NEWS Denver, as well as featured in *Forbes*, *Fast Company*, and *PopSugar*. Skillful at reading situations and understanding the dynamics of relationships, she developed a unique interactive model to help people realize their full potential. She owns a private practice and is the author of *The Heart of Self-Love* as well as an anxiety e-course. Dr. Hans began her dynamic career in the corporate world and has a teenage son.

## RAVE REVIEWS

"Dr. Hans has everything you could ask for in a speaker: a riveting performance, an impactful message that transforms, and a warm, heartfelt demeanor. A psychotherapist who clearly understands human behavior, holistic healer and best-selling author, Dr. Hans is a trusted thought leader in the self-help space. Audiences of all types can trust her credibility and feel inspired by her passion to empower people to become their best selves. Dr. Hans' message of self-love is transformative, entertaining and one that you will never forget!" -*Alaina Schwartz, Attorney*

"Heather will capture your attention from the first words that will have you hanging on every step of the way. You will laugh, cry and cheer. In the end, you will find inspiration and hope in being able to achieve what you want in spite of the obstacles that may be standing in your way." -*Peter Brissette, President, North Suburban Sales Pros*

"Heather Hans possesses a litany of personal and intellectual qualities to provide others with viable and beneficial pathways to reach their greatest potential." -*Darran Blake, Senior Vice President UBS, "TOP 50 Entrepreneurs" Business Leader Magazine*

## HOW DR. HANS WILL CHANGE YOUR LIFE

1. Fill your hardworking staff with self-care tools to enhance their performance & longevity
2. Learn your organization's relationship dynamics to maximize teamwork for reaching your mission
3. Perform with excellence and rise to the top of your field
4. Increase your courage & creativity and achieve the tangible results you seek
5. Become healthy and whole, no matter what you went through in your past

## SPEAKING EXPERIENCE

ACCT Professional Board Staff Network, Union Institute & University Conference Day; West Coast Transformation Conference; Inspire, Las Vegas; Optimist International, North Suburban Sales Pros, Daring Divas, numerous civic organizations, community workshops; *9News Denver*, *Fox5 New York*, *Boston 25*, *Channel 2 News Denver*, *Denver7 News*, and *iHeart Radio* in NYC; host of over 500 videos, starting with subscription-based show, *HeatherHansTV*; former university professor

## EDUCATION

**Doctorate Degree of Philosophy in Interdisciplinary Studies, Ethical & Creative Leadership**

Union Institute & University | 4.0 GPA with dissertation honorable mention | 2023

**Master's Degree of Social Work**

University of Denver | 4.0 GPA with honors | 2011

**Master's Degree of Business Administration**

University of Colorado | 1998

## LICENSES AND CERTIFICATIONS

- ✓ Licensed Clinical Social Worker
- ✓ Certified Clinical Anxiety Treatment Professional
- ✓ Certified Professional Intuitive Coach
- ✓ Certified Holistic Healer
- ✓ Certified Law of Attraction Practitioner

## BOOKS & COURSES

*Create Profitable Relationships by Mastering Anxiety* (e-course, 2020); *Blueprint for Love* (2018); *The Heart of Self-Love* (2014)

## CONTACT



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